

<b>16 March 2018</b>		<b>ITEM: 7</b>
<b>Health and Wellbeing Board</b>		
<b>Adult Mental Health Joint Strategic Needs Assessment</b>		
<b>Wards and communities affected:</b> All	<b>Key Decision:</b> Non-key	
<b>Report of:</b> Tim Elwell-Sutton, Assistant Director and Consultant in Public Health		
<b>Accountable Head of Service:</b> Tim Elwell-Sutton, Assistant Director and Consultant in Public Health		
<b>Accountable Director:</b> Ian Wake, Director of Public Health		
<b>This report is</b> Public		

## **Executive Summary**

The Joint Strategic Needs Assessment (JSNA) is intended to provide a shared, evidence-based consensus about key local priorities and drive planning and commissioning to improve health and well-being outcomes and reduce inequalities. The focus of this JSNA is Common Mental Health Disorders in Adults.

This report makes a series of recommendations for action across a broad spectrum of areas, departments and partners to be undertaken to have a population level impact on improving mental health in Thurrock.

### **1. Recommendation(s)**

- 1.1 That the contents of the JSNA document be approved by the Health and Wellbeing Board including the recommendations found in the report and that Board members use the contents and recommendations of this JSNA product to drive adult mental health commissioning strategy.**
- 1.2 That the Health and Wellbeing Board approve the publication of this JSNA document.**

### **2. Introduction and Background**

- 2.1 The Joint Strategic Needs Assessment (JSNA) is an assessment of the current and future health and social care needs of the local community – these are needs that could be met by the local authority, Clinical Commissioning Groups (CCGs), or NHS England. It is intended to provide a shared, evidence-based consensus about key local priorities and support

commissioning to improve health and well-being outcomes and reduce inequalities.

2.2 This JSNA focuses on the prevention, detection and treatment of mental ill-health in the adult population of Thurrock. This JSNA aims to:

- Understand the full estimated level of need
- Understand the variation in access and quality of treatment
- Identify mental health priorities for Thurrock

2.3 According to the World Health Organisation, mental health disorders are the leading cause of disability worldwide and one in four people in the UK will experience a mental health disorder at some point in their lives. While the document focuses on adults, this is an issue which exists across the life-course.

### **3. Issues, Options and Analysis of Options**

3.1 These are detailed within the JSNA report itself.

3.2 The report highlights the different parts of the health and social care system that are involved in the prevention, detection and treatment of mental ill-health, and how the various stakeholders need to work together towards better outcomes for the Thurrock population.

### **4. Reasons for Recommendation**

4.1 The JSNA highlights a number of inequalities in mental health experienced by our local residents. This work will drive the necessary changes across the wider health and social care system in order to improve the prevention, detection and treatment of mental health conditions on a population level.

4.2 The publication of this JSNA will be very timely in order to feed into a wider ongoing programme of work around redesigning of Adult Mental Health services, both locally and across the county.

### **5. Consultation (including Overview and Scrutiny, if applicable)**

5.1 The JSNA was produced with contributions from key stakeholders as listed in the reports' acknowledgements section.

### **6. Impact on corporate policies, priorities, performance and community impact**

6.1 The JSNA aligns with the Council's three new priorities for People, Place and Prosperity by demonstrating our commitment to high quality and accessible public services, and partnership working to improve health and wellbeing.

6.2 The recommendations in the JSNA also support the delivery of the Thurrock Health and Wellbeing Strategy 2016-21 – in particular Goals C (Better

Emotional Health and Wellbeing), D (Quality Care Centred Around the Person) and E (Healthier for Longer).

## **7. Implications**

### **7.1 Financial**

Implications verified by: Jo Freeman  
Management Accountant Social Care

The report details a series of opportunities for tackling inequalities in mental ill-health in the population which should contribute towards reducing demand on primary and secondary health care and adult social care services. Decisions arising from recommendations of the JSNA that may have a future financial impact for the council would be subject to the full consideration of the cabinet before implementation, and in the case of the NHS, by the relevant Boards of NHS Thurrock CCG and provider foundation trusts. Detailed business cases will have to be worked up before any investment decisions will be made and these will go through the usual governance routes.

### **7.2 Legal**

Implications verified by: Ian Wake  
Director of Public Health

Under the Health and Social Care Act 2012, JSNAs and Joint Health and Wellbeing Strategies form the basis of clinical commissioning groups, NHS England and local authority commissioning plans, across all local health, social care, public health and children's services. There are no legal implications; this report has been compiled to support and inform local planning and commissioning.

### **7.3 Diversity and Equality**

Implications verified by: Natalie Warren  
Strategic Lead – Community Development and Equalities

The analysis and evidence base in this report seeks to understand inequalities in health in the borough and makes recommendations to further understand and take action to tackle these. It should be noted that a community impact assessment will be completed in the near future.

### **7.4 Other implications** (where significant) – i.e. Staff, Health, Sustainability, Crime and Disorder)

**8. Background papers used in preparing the report** (including their location on the Council's website or identification whether any are exempt or protected by copyright):

- Detailed references are given in the main report.

**9. Appendices to the report**

- Adult Mental Health Joint Strategic Needs Assessment
- Adult Mental Health Joint Strategic Needs Assessment Executive Summary

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